

3rd Annual

STEVEN 5K SPRAGUE

M E M O R I A L R U N

November 21, 2010
T.R. High School East
9:00 AM

We are proud to announce The Third Annual Steven Sprague Memorial Run to honor the memory of Steven N. Sprague, and create a scholarship fund for his daughter, Abigail.

- Location** Toms River High School East
- Date** Sunday - November 21, 2010
- Schedule** 7:00-8:30 AM – Registration / Packet Pickup **SAME-DAY REGISTRATION ENDS PROMPTLY AT 8 AM**
9:00 AM – Mile Fun Run
9:30 AM – 5k Run/Walk
10:45 AM – Awards
- Entry Fees** \$20 – 5k entries received before November 14th. Includes T-Shirt.
\$25 – 5k or Mile Fun Run entries received after November 14th (or day of race) T-Shirt while supplies last!
\$15 – Mile Fun Run entries. Includes T-Shirt.
- Registration** Online Registration Available at StevenSpragueMemorialRun.com OR Fill out the form below and submit.
- For additional updates please visit our website www.StevenSpragueMemorialRun.com**



CUT AND RETURN

Steven Sprague Memorial 5k Run / Walk Application Form

ONE APPLICANT PER FORM • USE SEPARATE APPLICATION FORMS WHEN REGISTERING FOR MORE THAN ONE EVENT

Name _____ M/F _____

Shirt Size: (Select Adult or Child **AND** Size) ADULT / CHILD - S / M / L / XL

Address _____ City _____ State _____ Zip _____

Age (on race day) _____ Telephone _____ E-mail _____

Select Race: 5K Run/Walk (\$20 - received before Nov. 14th) (\$25 - received after Nov. 14th) One-Mile Fun Run (\$15)

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, including high and low temperatures and or humidity, traffic and other conditions of the course; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Toms River Schools Board of Education, Toms River Regional Schools, Toms River High School East, all race personnel, all race volunteers and all sponsors, their representative, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

OFFICIAL USE ONLY

Applicant Signature (If under 18, a parent/guardian signature) _____

Date _____

Checks payable to: Steven N. Sprague Memorial 5K

Mail application and payment to: Attn: Jennifer Maniaci- Girls XC
Toms River High School East
1225 Raider Way
Toms River, NJ 08753